



Rattan Creek Neighborhood News

Serving Milwood at North Austin MUD # 1 since 1983

Distributed Every Other Month By The Rattan Creek Neighborhood Association, Vol. 18, No. 3

June/July 2003

Easter Thank You's!

The Easter Hunt was a wonderful success and the RCNA would like to take this opportunity to thank the many volunteers that help with this years hunt. It was wonderful to see how many people wanted to be involved in our community event. We were amazed at the generosity of our fellow neighbors and businesses.

Thank you for stuffing over 6000 Easter Eggs:

| | |
|------------------|------------------|
| Diana George | Elizabeth George |
| Brian George | Laura George |
| Tori Beechinor | Rebecca Thomson |
| Allison Van Horn | Alex Taylor. |

Thank you for providing *all the Easter Candy* that went into the Easter Eggs: **Jo Jones/ Welcome Home Realty**

Thank you to the volunteers the day of the event:

| | |
|-------------------------------------|-----------------|
| April Bliss | Diana George |
| The McNeil High School Cheerleaders | |
| Girl Scout Troop #1428 | |
| Julie Allevato | Jillian Barlett |
| Kathryn Barnes | Sara Ranus |
| Liana Sayegh | Shalika Shetty |
| Allison Woods | Zoe Zamadics |
| Maisie Llewellyn. | |

And thank you to Milwood resident donations:

| | |
|-------------------------------|-------------------|
| Karen Memrick | Heiti Patrol |
| Peggy Robinson | Susan Harrison |
| Beth Boren | Cheryl ST. Tours |
| Jackie and Mark Luetzelschwab | Nancy Townsend |
| Rachael Westervelt | Alley Porter |
| Anna Swisher | Merdith McQuilkin |
| Jennifer Gonzares | Debra Cardinas |
| Evon Jefferies | Mary Whiter |
| Amanda Bachmuth | Shilpa Nair |
| Shelly Garrett | |

And to all those who left candy at my door or handed me a bag and I forgot to write your names down....Thank you.

We have an outstanding community! If you see one of these people, please say "Thanks". **See you next Easter!**

Dallas Hall

EVENTS



RCNA Board of Directors
 P.O. Box 200584
 Austin, Tx 78720-0584

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Yard of the Month:

Jon and Gina Martin 331-1109

The Rattan Creek Neighborhood News welcomes your letters and guest columns. Letters must have a verifiable signature. Guest columns and letters will be printed on as space available basis. Neither the Rattan Creek Neighborhood News nor the Rattan Creek Neighborhood Association accept responsibility for the opinions expressed in editorials, letters or guest columns. The Rattan Creek Neighborhood News reserves the right not to publish any submissions and the right to edit all submissions. Mail to the following address:

Jo Jones, RCNA Editor, 13119 Green River Trail, Austin, Tx 78729 or e-mail: JRJones@austin.rr.com

Volunteers needed for Newsletter Delivery

A Section Head is needed for the areas around Kerrville Folkway, Amarillo, Shiner, Luckenbach, Hondo Bend and Corpus Christi.

The Section Head sorts the newsletters and delivers to 9 houses of the block captains, on streets close to yours. It is mostly car work.

A Block captain delivers newsletters door to door on a specific street for a range of house numbers.

Thank you,
 Dallas Hall
 257-3494



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Jon 331-1109

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Jon Martin, Owner

RCNA Member/Milwood Resident

WATCH BATTERIES \$4.95 INSTALLED

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President's Notes

Here's the shortened version of my message of the month: Check your appliances. Our houses are mostly teenagers, and appliances can start to die. And with gas fueled appliances, they can be deadly as they go out.

Most of the homes in this neighborhood are about 10-15 years old. That means that they're starting to get to that point where one or more of the major appliances is going to wear out. At our house, we've already had the disposal, the refrigerator, and the oven all go out in the last 2 years.

In the case of our oven, it's lingering death included putting out a horrible amount of carbon monoxide into our kitchen by not burning the fuel completely. At first it was just a mild odor while baking. Later it grew into a horrible smell. When we finally got it tested, the readings were near 350 parts per million, far over the safe limit.

Now we were lucky, as no one got seriously sick, but carbon monoxide poisoning is serious and often deadly. Even at lower concentrations, studies suggest that prolonged exposure to CO can have lasting and serious effects on our well-being.

Other dying appliances can have risks too: incomplete combustion in your furnace, dryer, or water heater can emit carbon monoxide as well; corrosion in your water heater can cause a leak, and subsequently a fire as the unit overheats; improper drainage in your AC unit can cause water leaks and mold damage.

Fortunately there are several simple things that we each can do to lower the risk to your household:

- Have all your gas appliances -- furnace, oven, dryer, water heater -professionally inspected every year.
- Keep your gas appliances in good working order.
- Ensure that all of the gas appliances are well ventilated to the outside, for both intake & exhaust.
- Install carbon monoxide detectors in your house - as backup only. This doesn't replace inspection and maintenance, but can help detect problems that slip through the cracks.

While replacing major appliances is expensive, this is truly one area where you shouldn't be penny-wise but pound-foolish. Sure, you might be able to get an extra year or two out of some appliances that are

on there last legs. But in the long run, the value of your house and the safety of your family will be much greater if you start saving now for the likely purchase of several new appliances over the next year.

Eric Freeman, President

Scholarship Winners



Congratulations to the following RCNA Scholarship Winners:

1st Place: Jessica

Parmley

2nd Place: Diannne Boothby

3rd Place (tie): Sarah Hawthorne

4th Place (tie): William Carson

For those of you who will be seniors next year, please remember that this scholarship is open to all current RCNA members' graduating seniors.

Eric Freeman, President RCNA

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Around Rattan Creek

New Neighbors and Babies:

New Neighbors:

Elizabeth Shea
13215 Jenner Lane

Frank Esparza
6904 Riverton



New Babies:

William Michael Kitten
Born February 19, 2003
8lbs 4oz
to Gary and Mariann Kitten
and sister Sarah Nicole Kitten
13205 Quadros Pass



*If you know someone has
just moved into the neighborhood,
or just had a baby,
help us to welcome the new folks
and/or congratulate our neighbors
on their special event.*

*Please contact Terri Olsem at
219-7931,
Or email to her at terriolsem@aol.com.*



Milwood Parent Activities

Looking for a playgroup for your little ones? *Here are three to chose from:*

- 1) **Babies born** between July 2001 and July 2002—call Angela at 336-9067.
- 2) **Babies born** between January 2002 and December 2002—call Jennifer at 257-9383.
- 3) **Babies born** after August 2002—call Jackie at 257-2230.

Toddlers (3 years): Call Julie Oliver at 258-5661.

Play group for children with birth dates in Fall 1996 and Summer/Spring of 1997: Call Candance Kreiling at 331-9773.

Multi-age Summer Group (5 years and under):
Call Dallas Hall at 257-3494.

Home schooling Group (all ages): Annette Anderson 250-5137.

Are you interested in a group activity not listed?

There may be others interested in the same activity. Call Marcie at 335-6960 to get your name listed for a new group.

Milwood Parents.....

Please contact Marcie De Oliveira for updates, new groups, changes or reports on activities at 335-6960 or by e-mail - mdeoliveira@austin.rr.com

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RCNA Member/Milwood Resident RCNA Event Sponsor
RCNA Scholarship Fund Donation for each sale I make in Milwood!

Recipe Corner

Need a thirst quencher from the brutal heat, try some homemade lemonade!

Lemonade, Pink Lemonade, Limeade

Makes 10 cups

This recipe makes strong lemonade or limeade that can tolerate dilution by an afternoon's worth of added ice.

3 cups freshly squeezed lemon or lime juice (about 20 lemons or 25 limes)

2 cups superfine sugar

4 cups cold water

4 cups ice

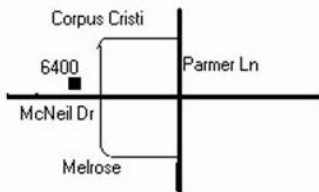
2 lemons or limes, thinly sliced for garnish

1/2 cup cranberry juice (optional, for pink lemonade)

Into a large serving container, strain the citrus juice, mix it with sugar, and stir until the sugar is dissolved. Add 4 cups cold water and cranberry juice, if using, and stir again until well combined. Add ice to fill and a few lemon or lime slices.

If you'd like to share any of your recipes, please email to Stephanie Doherty [thedohertys@austin.rr.com].

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Keep Your Plants Alive Not Thriving!

Fast Forward---Even without the heavy rains in May, our plants have been growing fast and look great. However, the bad news is that we must shift our thinking ahead to what an Austin summer yard and lawn needs. So...it is time to set your mower as high as possible, mow whenever it needs trimming by 1/3, do not fertilize again until late August, and water deeply whenever you can still see your footprints in the grass after ½ hour.

Unless it rains 1 inch of water every week on your yard, you NEED to water your yard and planting beds to keep the plants alive, (not thriving) through the heat of June, July and August. Watch for wilting and then water in early morning for as long as it takes to get water running off. Wait 20 minutes and water again until runoff. This saturates the soil and produces deep roots that grow towards the deep moisture. Wait until you see sign of water stress before watering again. If you have good deep soil and deep roots and 3 inches of mulch on your beds you should be able to only water deeply once a week.

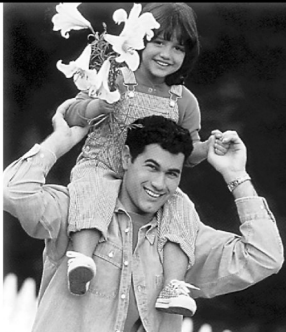
New grass requires more water while the roots are growing so water often enough to dampen the soil to just deeper than the root level. With new seed or sod in full sun, this may be several times per day during a drought with blistering sun and drying wind. Slowly spread out the watering times until October and then just water occasionally for the first winter.

Mature lawns can be watered weekly or less often when the roots are well established and the grass is dense and you mow tall enough so there is shade for the roots.

Do not fertilize grass now, with a high nitrogen fertilizer, it will cause rapid top growth requiring more water. Also, the heat will evaporate the fertilizer and rain will wash it into the creeks. From August to October, spread 1/2 inch of Dillo dirt or other compost to encourage deep turf and roots.

When watering, give all plants a long, deep

(Continued on page 7)



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soaking to encourage a deep root system. To find out how long your watering system takes to output 1 inch of water, put out opened cans around the water sprinklers to measure the length of time it takes to accumulate 1" of water. This time tells you how long to run the sprinklers. Although, if water runs off before this time is up, move to watering another area for an hour or so and return to sprinkle the area again to complete the full time. The amount of water required by full sun or by shaded areas is greatly different so watch for the wilting and then adjust the length of watering time for each area. This is your most efficient use of water and assures the best survival of the plants

The best time to water is in the early morning before dawn which allows the leaves time to dry before the sun scorches them through the magnifying-glass drops of water on the leaves. . It also lessens the possibility of fungus that is encouraged by humidity and darkness. Slowly stretch the time between waterings out to once every 5 or 7 days and you will have healthier plants, save water, and comply with the water conservation guidelines.

Keep a 3" to 4" depth of mulch on the planting beds and around large shrubs and trees to discourage weed growth, help hold in the moisture, and keep the soil and plant roots cooler.

Other tips for summer:

If your grass leaves have turned yellow, water less or spread chelated iron or iron sulfate.

Raise the lawnmower blades as high as you can get them now. Mow often enough so that only 1/3 of the grass blades are cut off. Tall grass develops a deeper, more water efficient root system.

Remove old flower heads from all annuals and perennials. This is commonly called dead heading and encourages new blooms.

Cut the seed heads off the crape myrtles after they finish blooming in late July to encourage another round of flowers.

Be sparing with fertilizer on native plants as they tend to grow rampant and do not bloom as well when over fed.

Do not fertilize grass now, it will just grow fast and require more water and mowing.

Spray crape myrtles with Cloud Cover or another anti-transpirant to prevent powdery mildew. If the mildew is already present, spray with Benomyl mildew control. Fungus can also be controlled with an application of copper and liquid seaweed, 1 tablespoon to a gallon of water sprayed on the

leaves.

Mealy bugs are controlled with Safer Insecticidal Soap sprayed three times at 7 day intervals. This also controls aphids, thrips, scale, whitefly, spider mites, and earwigs. **Thrips leave white fluffy** deposits on twigs and the thrips look much like the deposits. They are more of a problem in hot dry weather and suck the juices from plants damaging them. If you have encouraged lady bugs and other insects, they will help control the thrips. Try washing them off the plants with a hose spray first. Before spraying insecticide which may kill all the insects including the good ones.

Use sun screen and wear a hat to protect your skin from ultraviolet rays which cause sunburn, premature aging and cancer. **To raise the SPF of your clothing** to SPF30, put all your outdoor clothes in the washer, use the hottest water safe for the fabrics of the clothes, add during the wash cycle a packet of Rit Sun Guard laundry treatment for UV protectant available at the fabric stores with the RIT dye products. It reduces my sun allergy runny nose problem greatly.

Mow and Mulch: Sharpen your mower and raise it to the highest setting. Mulch the lawn by returning the clippings back on the grass. Mulching reduces the need for fertilizer and water and inhibits weed growth. Any sharp mower can mulch if your mowing pattern causes clippings to be recut a second time if needed. For the last 18 years I have been mulching grass back into the yard. I spread Dillo dirt or fertilize lightly after 3 mowings or in May and October, and use no pesticides except Logic in spring and fall and Orthene for spot treatment for the fire ants. The yard looked the best it ever had in '97 when the fall and spring rain made the difference. We may not be so lucky this year.

Newly planted plants in beds, need extra watering for the first 2 years. Water before stress shows or you may kill the plants with small root systems and this is false economy. For new plants; 1st week-water every day; 1st month-water 3 times per week. For the following spring through fall-2 times per week unless it rains more than 1 inch, and; during winter-once per week or as needed.

The goal is to encourage root growth away from the plant so use a leaky hose for watering and cover the

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(Continued from page 7)

soil with 4 inches of mulch to develop healthy plants which will make it through the summer, winter, and look great next year.

Trees in stress: show as trees which are receding (not growing leaves to the tips of the branches this year) or with brown leaf tips. Construction damages tree roots by compacting the soil, or scraping off the topsoil, or by putting fill dirt over the roots. Death occurs from 1 to 3 years later. In general to save trees in stress, since the roots are not working well, we must give more water and must get fertilizer to the roots that are left. Put a leaky hose 2/3 of the way out the drip line (or farther away for an established tree) and turn on 1/4 turn to slowly let it run for 6 to 8 hours every 10 days (in July and August every 7 days). Water and fertilizer must reach the roots 6 to 8 inches down, and must reach all roots. Tree spikes and top dressing with fertilizer probably is wasted money, (too little area is covered and fertilizer only works when the tree is rapidly growing.) (For live oaks, this is the 140 days February to May).

All our trees need the bark to be protected from lawn mowers and weed eaters and need their roots

to be cool and slowly fed. The method recommended by TexaScapes and TreeFolks is to build up a 3 inch deep mulch bed or tree ring. Make it like a donut at least 3 foot wider than the trunk of the tree (this is one of the times when much larger is much better). Use any organic mulch, pine bark, compost, or composted soil mixture like Back to Earth (BTE) composted cotton seed hulls.

Summer flowers will take extra care in mulching in and watering until they get roots established. A foliar application sprayed on the leaves with a weak fertilizer or liquid sea weed and fish emulsion mixture will encourage blooming and plant growth. **Full Sun native plants** like the **Salvia Greggii**, **Salvia farinacena** 'Mealy Sage, **Salvia Coccinea** 'Coral Nymph, **verbena**, white mist flower, Blue Mist flower (for hummers) and **lantanna** need very little fertilizer, can take the heat, will bloom until mid fall, and are perennials and will come back up again next year.

Shade loving plants include the **heartleaf skullcap** (*Sculellaria ovata*) that grows in shade and the deer don't touch it. It can stand full sun, and partial shade with beautiful violet-blue flowers

(Continued on page 9)

Gene Schubeck, GRI

Real Estate Consultant

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(Continued from page 8)

from April to June, it colonizes readily by interesting bead-like fleshy roots. It reaches 2 foot height and after blooming, makes a lovely ground cover for the rest of the year. It transplants easily. If you have shade you should be able to establish cedar sage (*Salvia roemeriana*). They grow under cedars in the wild, with natural mulch of cedar needles. The early-blooming bright red flower spikes (March to July) attract hummingbirds. Once established, they need little supplemental water. It doesn't care for even reflected heat and light and probably won't like strong west sun. And they are deer resistant. **Tropical sage/scarlet sage** (*salvia coccinea*) will reseed all over your flower beds. Why not dig up the volunteers and transplant them, expanding your bed and reduce the lawn. It requires little water to look best, and will however, limp through the summer heat on Nature's supply. **Inland sea oats** (*Chasmanthium latifolium*) is a clumping perennial grass 2 to 4 feet in height, that likes shade, dappled shade or half day sun. They have beautiful green to tan seed flags in fall, you can use or share the seeds. It is the larval host for some skipper butterflies, so your caterpillar-loving birds will thank you. Caution though, if you plant on thin soil, you must water it, so give it deeper

soil, maybe in a low drainage area and it will thrive. **Chile pequin** (*Capsicum annuum*) is an airy perennial growing 2 to 4 feet tall. Your mockingbirds will risk their lives for the red peppers so plant where they can see the cats coming. It takes shade to sun in well-drained soil and does fine on rainfall alone. The **Lyre-leaf sage** (*Salvia lyranta*) hails from East Texas so a little extra water will be needed. It reseeds readily in loose soils and makes a groundcover with an evergreen rosette. It attracts hummingbirds and butterflies. The **Texas aster** (*aster texanus*) is easy to grow in dappled shade with beautiful light blue flowers.

Small understory trees and shrubs fill out our landscapes and provide resting and nesting places for birds. These Texas-grown trees and shrubs are adapted to the hot weather. **Desert Willows** (*Chilopsis linearis*) is a full-sun flowering tree. They are a multistory restaurant for hummingbirds. They begin blooming before the crepe Myrtles and bloom until late fall. They require little water so plant them in a sunny corner of the fence and they can even be planted in summer. **Texas Sages** or **Cenizo** (*Leucophyllum frutescens*) can grow to be a large bush though they take pruning well. Leaves

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COST: \$35.00 per student, \$40.00 out of district

Swimming Lessons: **Sign up Starting May 3 at the Pool 12:00 noon**

8 - 25 minute lessons

Student/Teacher ratio **1:5**

Monday - Thursday sessions, Friday used as makeup day if necessary..

MINIMUM of three (3) students per class.

LESSON SKILL LEVELS AVAILABLE

TOT BEGINNER (under 3 yrs. old Private Only) (**Contact Pool Manager for all Private Lessons**)

BEGINNER

INTERMEDIATE

ADVANCED BEGINNER

| SESSIONS: | DATES: | CLASS Times For Each Session |
|------------------|--------------------------|--|
| SESSION I | JUNE 2 - JUNE 12 (M_TH) | 9:00 - 9:30 AM |
| SESSION II | JUNE 16 - JUNE 26 (M_TH) | 9:45 - 10:15 AM |
| SESSION III | JUNE 30 - JULY 10 (M_TH) | 10:30 - 11:00 AM |
| SESSION IV | JULY 14- JULY 25 (M-TH) | Evenings: 5:30 - 6:00 PM 6:15 - 6:45 PM |

We reserve the right to eliminate or combine class times if there are not enough students signed up to fill a class at a particular time.

Tear off and Return

Swim Lesson Registration

Student's Name _____ Age _____ Phone (____)

Class Level: _____ Session: _____ Time:

Existing Swimming Skill: Beginner _____ Advanced Beginner _____ Intermediate

Instructors will evaluate the student's skills and may move to another level class

**PLEASE READ ALL INSTRUCTIONS CAREFULLY
BEFORE COMPLETING APPLICATION**

- All members receiving ID badges must be listed, with birthdates, for the application to be considered complete. (Children under three attending the pool do not need to be listed.)
- Guest admittances can only be purchased by a member of the pool. All guests must be accompanied by a pool member.
- Three guest admittances will be assigned with each ID badge purchased. Six admittances will be assigned with each annual pass. (Complimentary admittances are not issued with ID badges purchased for replacement of a lost or stolen badge.)
- A check made payable to North Austin M.U.D. #1 (NAM1) Pool must accompany the application to be processed.
- A check for pool ID badges, tennis key and/or RCNA **must be mailed separately** from the payment for the NAM1 water bill.
- Replacement fees for lost or stolen ID badges are as follows:
Summer / Winter Badge: \$5.00 each Annual Badge: \$10.00 each
- If purchasing a combination of summer only / winter only and annual ID badges, please specify for whom the annual ID badges are to be assigned to, as each ID badge can only be assigned to **one** person.
- ID badges can be picked up at the pool (during the summer session) on Wednesdays and Saturdays, 2 PM to 8PM, after your application is processed at ECO Resources. **Each** person for whom an ID badge is purchased (ages 3 and older) will need to have their picture taken at the pool office before the badges will be issued. No additional paper work will need to be completed at the pool, but identification will need to be shown. (If registering prior to the summer session, ID badges may be picked up March 1st – April 30th on weekends, Noon to 6PM.)
- Members registering by 5:00 PM on Tuesdays will be able to pick up ID badges at the pool beginning on Wednesday. Members registering by Noon on Fridays will be able to pick up ID badges at the pool beginning on Saturday.
- Annual ID badges are good from the beginning of the summer session until the end of the winter session of the same year and not necessarily a year from the date of purchase. (i.e. valid from May 2003 to April 2004)
- Tennis court keys are good from (approximately) the first of May until the end of April of the following year. New keys will need to be purchased at this time every year. **Only ONE key can be issued per household.**
- ID Badges, guest passes and tennis court keys are not pro-rated at any time.
- Please make sure you are filling out the appropriate application for the ID badges, etc., that you are requesting. (The application should state the year and session being registered for above the listing of fees.)
- If your child will be three years of age *PRIOR to opening day* of the session being registered for, he/she WILL need an ID badge purchased for him/her.
- Only ID badges will be available at the pool. All applications and payments must be submitted by mail or in person to ECO Resources.

Receipts will not be accepted for admittance into the pool – NO EXCEPTIONS.

ALL INCOMPLETE OR INCORRECT APPLICATIONS WILL BE RETURNED WITHOUT PROCESSING

RATTAN CREEK NEIGHBORHOOD NEWS

NORTH AUSTIN MUNICIPAL UTILITY DISTRICT NO. 1 - RATTAN CREEK PARK POOL

Application to Use Recreational Facilities and Release of Liability

**PLEASE READ ALL INSTRUCTIONS BEFORE COMPLETING – INCOMPLETE APPS. WILL BE RETURNED
APPLICATION FOR SUMMER / ANNUAL SESSION - 2003**

| | |
|---|-----------|
| NAMUD #1 Water Bill Account No. _____ Home Telephone Number _____ (Application will be considered incomplete without account number) | |
| Name: _____ (As it appears on NAM1 bill) | |
| Address: _____ | ZIP _____ |
| Emergency Contact: _____ Telephone Number: _____ | |

I have made application for use of the District's recreational facilities on behalf of myself and the listed members of my family and our guests. I understand that the District's recreational facilities are for use of authorized persons only, and agree that all use by me, my family and our guests shall be in accordance with the District's "Rattan Creek Park Pool, Court Rules and Regulations." I agree that the District does not, by the providing of recreational facilities, assume any responsibility or liability to our guests or us. We assume all responsibility for , and waive any claim against the District for accidental injury, property damage or death arising out of the use of these facilities by any of our guests or us. We agree to indemnify and hold harmless the District, its directors, agents, employees and consultants whether paid or volunteer, from any and all claims by us or our guests which may arise out of use of the District's recreational facilities. If this application is on behalf of any minor children, the application represents that the applicant is the legal guardian of said children and fully responsible for such children, and authorized to execute this application and release on their behalf. I understand that the children, if under ten (10) years of age, must be accompanied by a person fourteen (14) years of age or older when using the District's facilities. *I further understand that I am responsible for any damage to District facilities caused by my family, my guests or myself.*

Applicant Signature: _____ Date: ____/____/____
(Application will be considered incomplete without signature)

Household Members Attending Pool: (All members receiving badges must be listed below)
(Badges required for ages 3 and up) Date of Birth

| | |
|--|----------------|
| | ____/____/____ |
| | ____/____/____ |
| | ____/____/____ |
| | ____/____/____ |
| | ____/____/____ |
| | ____/____/____ |

NO REGISTRATION FORMS WILL BE TAKEN AT THE POOL.

| | | |
|--|---|-----------------|
| 2003 Summer Fees: | Make Checks Payable To North Austin M.U.D. #1 Pool | |
| Quantity | | |
| _____ Summer In-District ID Badge | @ \$20 per badge | \$ _____ |
| _____ Out-of-District Membership (Up to 4 ID Badges if needed) | @ \$200 per household | \$ _____ |
| _____ Additional O.D. ID Badge | @ \$20 each additional badge | \$ _____ |
| _____ Guest Admittance (only w/ ID badges) | @ \$2 each (one time use) | \$ _____ |
| _____ 10 Guest Admittances (only w/ ID badges) | @ \$15 | \$ _____ |
| _____ Tennis Court Key (In District Only) | @ \$15 (ONE KEY PER HOUSEHOLD) | \$ _____ |
| _____ RCNA Membership (In-District Only) | @ \$20 per household | \$ _____ |
| _____ Annual In-District ID Badge | @ \$40 per badge | \$ _____ |
| SUMMER 2003 ID BADGES & GUEST ADMITTANCES VALID THRU 09/15/03 | | |
| Check MUST accompany this registration form to be processed. | Total | \$ _____ |

Mail or Deliver to ECO Resources, 9511 Ranch Road 620 N., Austin, Texas 78726

Rattan Creek Park, Pool and Court Rules and Regulations

Rules are established and adopted by the North Austin Municipal Utility District #1 Board of Directors
Pool Identification tags and tennis court keys must be purchased through the District Manager
ECO Resources 9511 RR 620 N, Austin, Texas 78726-2908

Pool Rules and Regulations

Identification

1. Pool is available to District residents who have paid tag fees and their guests. Out of District memberships are available. Only individuals with tags may enter pool area.
2. Identification tags must be worn by swimmers at all times.
3. Report lost or stolen I.D. tags to the pool manager. Replacement tags can be purchased through ECO Resources for a \$5.00 fee.
4. Use of pool I.D. tags by any one other than the swimmer listed on the current year's registration form will lead to forfeiture of that I.D.

General Requirements and Conduct

1. Conduct by any person deemed to be dangerous, unwarranted, or offensive is grounds for discipline by the lifeguards. Offensive behavior in particular, will be dealt with on an individual basis and could result in suspension from the pool. Any individual suspended three times may also lose all pool privileges for the season.
2. Running, jumping, skipping, or any activity other than ordinary walking in the pool area is strictly prohibited.
3. Bicycles and skateboards must be walked in front of the pool entrance for safety. No motorized vehicles are permitted in the park. No pets are allowed in the fenced pool area. Pets must be on a leash while in the park.
4. Pool may close for five (5) minutes each hour as a safety precaution
5. Floating devices are not allowed in the pool. Water wings or swim rings for non-swimming children may be used if accompanied by parent or approved baby-sitter.
6. Glass containers of any type are not allowed inside the fenced area or in the bath house area.
7. No cutoffs or street clothes are allowed in the pool.
8. Only lifeguards are to be on the lifeguard stands.
9. No person shall talk to, shout at, or in any manner distract a lifeguard while on the lifeguard stand except in the case of an emergency.
10. Only masks approved by the Pool Manager will be allowed in the pool.
11. One lane will normally be designated for lap swimming at all times, additional lanes may be added at the discretion of the Pool Manager.
12. No smoking or alcoholic beverages are allowed in the fenced pool area.

Adult Supervision

1. Children under ten (10) years of age must be accompanied by a parent/guardian or authorized baby-sitter at all times while inside the fenced pool area, unless approved by Pool Manager.
2. Parents are required to provide written authorization naming a specific approved baby-sitter to attend their children under 10 years old at the pool. The baby-sitter must be fourteen (14) years of age or older and be a pool member or have a valid guest pass.

Guest Policy

1. Guest(s) must be accompanied by a registered pool member and submit a valid guest pass for admission. Pool members must accept responsibility for their guests.
2. Guest(s) must register with the gate keeper upon admission to the pool facility and sign a waiver of liability.

Private Parties

1. Adults eighteen (18) years and older holding a pool I.D. may make reservations to use the pool for a private party when the pool is not open for regular operating hours. All parties must terminate (all participants departing the facility) by 11:30 p.m.
2. Reservations must be made at least four (4) days in advance with the Pool Manager. Reservations are confirmed by a \$50.00 deposit. A reservation is not confirmed until the Pool Manager receives the deposit. The cost for rental of the pool is \$10.00 per hour

plus lifeguard fees.

3. Persons responsible for any parties must hire lifeguards. Lifeguards must be those guards that are under contract with the District.
4. Any damages resulting from a private party will be the responsibility of the lessee.

Wading Pool

1. Children taller than a height set by the Pool Manager will not be allowed in the wading pool.
2. Lifeguards will not monitor the wading pool. Children in the wading pool must have a parent or baby-sitter present at all times.

Pool Hours (as posted at the pool)

SUMMER SCHEDULE

Weekday hours are 11 a. m. to 9 p.m. Saturday hours are 11 a. m. to 9 p. m.; and Sunday hours are 12 Noon to 9 p. m..

WINTER SCHEDULE

Weekday hours are 12 noon to 1 pm and 4:30 to 8:00 pm. Saturday Sunday and Holidays 12:00 to 8 pm. Winter Maintenance closing will be posted at the pool.

General Information

1. At the discretion of the Pool Manager and as approved by the District Manager, certain periods of the normal open hours may be set aside for specialized activities such as, adults only swim, swim lessons, swim meets, and other special events.
2. Hours may be shortened before and after school starts, and during swim team season. Check the Pool Bulletin Board for scheduled events and scheduling changes.

Tennis/Sports Court Rules and Regulations

(In District Members Only)

1. No dangerous or offensive conduct will be allowed on the courts.
2. No pets, bicycles, skateboards, or motorized vehicles allowed on the courts
3. No alcoholic beverages are allowed inside the fenced court area.
4. No glass containers are allowed inside the fenced court areas.
5. A playing time limit of one hour (60 minutes) will be observed when other members are waiting to use the facilities.
6. Tennis courts one and two are subject to reservation by tennis leagues, not to exceed five (5) hours a week as posted at the courts.
7. A member may have a maximum of four (4) guests at a time on the sports courts.
8. At the discretion of the District Manager, certain specialized activities on the courts may be arranged.
9. A maximum of (4) players are allowed per tennis court at any time.
10. Soccer tennis is strictly prohibited.

Questions or Problems

Contact the Pool Manager or
Bill Burke at 331-7066.

North Austin Municipal Utility District No. 1 Rattan Creek Pool Spring/Summer Schedule 2003

| | |
|--|--|
| <p style="text-align: center;"><u>June 2003</u></p> <p>June 1-30: Monday-Friday: Swim Team 7:00-11:00 AM Open Swim 11:00-9:00 PM Saturdays: Open Swim 11:00 AM- 9:00 PM Sundays: Open Swim Noon to 9:00 PM</p> <p style="text-align: center;"><u>Teen Nights</u></p> <p>June 5, 19: 8:00 to 10:30 PM \$2.00 Cover Charge</p> | <p style="text-align: center;"><u>August 2003</u></p> <p>Aug 1-17: Monday-Friday Open Swim 11:00-9:00 PM Saturdays Open Swim 11:00 AM - 9:00 PM Sundays Open Swim Noon - 9:00 PM</p> <p style="text-align: center;"><u>Teen Night</u></p> <p>August 8: 8:00 to 10:30 PM \$2.00 Charge</p> <p>August 18: School Opens</p> <p>August 18-31: Monday-Friday Open Swim 4:30-9:00 Saturdays Open Swim 11:00 AM - 9:00PM Sundays Open Swim Noon - 9:00 PM</p> |
| <p style="text-align: center;"><u>July 2003</u></p> <p>July 1-31: Monday-Friday: Swim Team 7:00-11:00 AM Open Swim 11:00-9:00 PM Saturdays: Open Swim 11:00 AM- 9:00 PM Sundays: Open Swim Noon to 9:00 PM</p> <p>July 4th - Independence Day</p> <p style="text-align: center;"><u>Teen Nights</u></p> <p>July 10, 27: 8:00 to 10:30 PM \$2.00 Cover Charge</p>  | <p style="text-align: center;"><u>September 2003</u></p> <p>Sept 1st: Labor Day Celebration! Open Swim 11:00 - 9:00 PM</p> <p>Sept. 2-15: Monday-Friday Open Swim 4:30-8:00 PM Saturdays Open Swim 11:00 AM - 8:00 PM Sundays Open Swim Noon - 8:00 PM</p> <p>September 16: Pool Opens Winter Swim</p> <p>Sept. 16-30: Monday-Wednesday & Friday Open Swim 12:00 to 1:30 & 4:30-8:00 PM Saturdays Open Swim 12:00 AM - 8:00 PM Sundays Open Swim Noon - 8:00 PM</p> |
| <p><u>ID BADGE PICKUP SCHEDULE:</u></p> <p style="text-align: center;">May – August 17th: Wednesdays & Saturdays 2PM to 8PM</p> <hr style="border: 1px solid black; margin: 10px 0;"/> <p style="text-align: center;"><i>Rattan Creek Pool</i> <i>is Managed by</i> <i>Clearwater Management</i></p> <hr style="border: 1px solid black; margin: 10px 0;"/> <p style="text-align: center;">Manager - Tony Watt Pool phone - 257-8175</p> | <p><u>NOTES:</u></p> <p style="text-align: center;">See other pages for Membership Application for Pool Use. <u>Applications MUST be submitted</u> <u>by mail or in person at:</u></p> <p style="text-align: center;">ECO Resources NAM1 Pool Tags 9511 Ranch Road 620 North Austin, Texas 78726</p> <hr style="border: 1px solid black; margin: 10px 0;"/> <p style="text-align: center;">Clearwater Management Phone - 331-7066</p> |

ALL HOURS SUBJECT TO CHANGE. TO VERIFY HOURS, CALL 257-8175 (POOL).

(Continued from page 9)

are light gray and blooms are pink to light blue shortly after a rain. Do not over-water they will grow fast and get leggy. Again, 3 of them in a sunny corner of the fence will do great.

Work toward getting your yard certified as a Best of Texas Backyard Habitat by adding plants to your yard that provide food, protection and cover, water, and a place to raise the young. These plants may provide you with the basis for certifying your landscape at the Best of Texas Backyard Habitats (BTBH) level that will recognize you as a leader in environmental stewardship and wildlife conservation. This program is a merging of the programs called Wildscapes by Texas Park and Wildlife Dept. (TPWD) and called the Backyard Wildlife Habitat program by National Wildlife Federation (NWF). Now both organizations are working together with a common program to raise consciousness about wildlife habitat creation and restoration. Habitat loss is occurring at an alarming rate nationwide and locally and is the most significant threat to wildlife populations in the US

You have heard how canaries were used to take down into the coal mines, when the birds dropped

over, the air was not fit for people also and the mine would be evacuated. All the birds that we used to see flitting about in and above the trees are our own canaries. We need to and can improve our breathing and living environment, one yard at a time.

In my MUD report, I mentioned that the District is considering certification of several areas of greenbelt that are still pretty natural, you'll hear more about that in the future.

We can all help improve our neighborhood environment and the joy of living in our yards by improving our own landscape as a habitat for birds, butterflies, caterpillars, moths, snakes, frogs, lizards, lady bugs, praying Mantis, ...the list of natural wildlife goes on and on.

In February, our old friends from Missoula Montana came to visit for several weeks. I filled the bird feeders off of our deck and watched the birds come. First came a new flock of about 40 house finches, filling the pegs on the feeders and fluttering around in the trees and bushes. When the second flock came with some purple finches, some

(Continued on page 16)



The Critter Nannies

Serving Northwest Austin

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RCNA Event Sponsor

(Continued from page 15)

with yellow heads, and occasional Carolina chickadees and tufted titmice and the usual 2 pair of cardinals, blue jays, and of course the year around white wing doves. We enjoyed many hours of watching the circus out there, and the flitting activity and life going on.

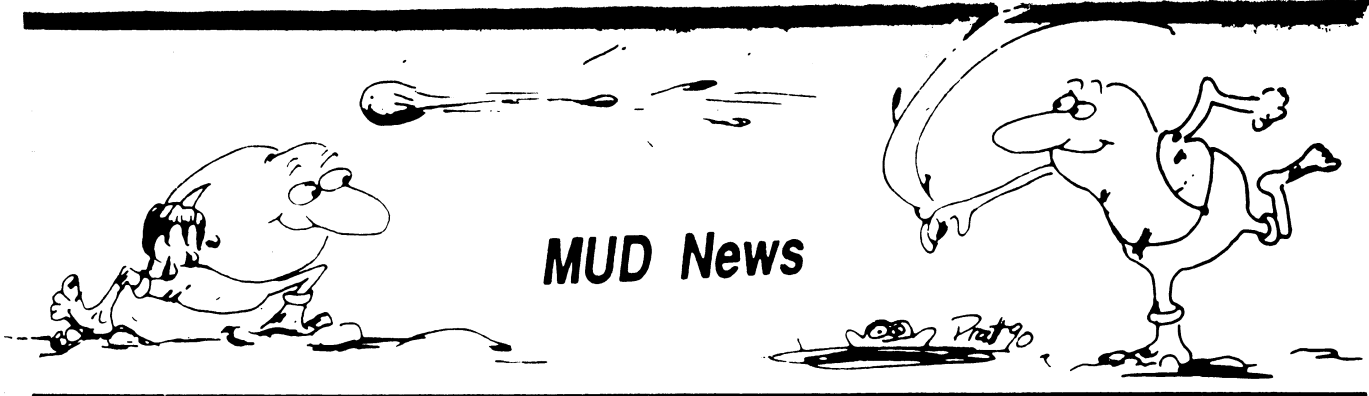
If you are interested in the BTBH program, you can visit the web sites at www.tpwd.state.tx.us/wildscapes Wildlife Diversity Branch or at www.nwf.org/backyardwildlifehabitat or call (585) 461-3092.

Happy Gardening and
Critter Watching,

Chuck Simms



JD



North Austin Municipal Utility District #1 Board of Directors Report on Commercial Development, Parks, and Pool Activities:

Our contractor for inspections of Restrictive Covenant Violations, The Treasure of the Hills Senior Citizens Community Center, Inc. March activity included: 21 calls for advice, mailed 11 first letters, sent 1 second letter, and turned 5 cases over to the MUD attorney. There were 12 cases closed (violations corrected).

The Board met with our Financial Advisor on the status of the contract revenue bonds, and the contract for our Financial Advisory Services was renewed. Our consultants and lawyer have been meeting with the City of Austin Financial Services and Water and Wastewater Dept. to get their input on the options of changes in the bonds. The Board passed a "Resolution authorizing application to the Texas Commission On Environmental Quality for release of escrow and use of the surplus funds" at the April Board meeting. The City of Austin recently had trouble maintaining water pressure in our section of town and may want to use some of the funds to connect a higher pressure line into the District lines. Discussion continues and the release of funds process continues pending COA changes. The good news is we may get better water pressure and our tax

rate will continue to go down.

Rattan Creek Park Pool: The new pool identification system is being used to better identify and control the pool users. The registration times are posted on the Pool building, tennis courts and the MUD web site. Details of the spring pool schedule and the registration process are also included on the site. At the end of April, the pool deck replacement was essentially done, with the new coping edging still being poured and sanded. The expansion joints in the deck are being filled and sealed. The pool water lines have been moved out of under the decking as much as possible to minimize future damages. The electrical wiring has been moved and replaced for the overhead security lights and the pool side lights. The tiles around the upper sides have been cleaned or replaced and the required depth markers and bottom lanes are being replaced. The pool fiberglass coating has been removed and it will be replaced by a new 3M product which has a 5 year warranty. The chemical room piping and sand filtering system have been removed and replaced. The Board held 2 Special meetings on the pool contracts and materials.

Our thanks go to the Board Pool Committee members Directors Don Conklin and Alan McNeil and to our District Engineer David Malish for managing the deck removal and replacement. And to Bill Burke of Clearwater Management for managing the pool bottom removal and replacement and for handling the hundreds of small details that will make our pool so beautiful again.

Rattan Creek Trail: The decomposed granite was placed in the trail access areas and other areas were repaired.

Deed Restriction Violations:

Deed restriction violations must be submitted in writing to:

**Senior Citizens Center
408 Ridgewood
Cedar Park, Tx 78613**

Be sure to include the address in question, nature of your concern and your name and address.

(Continued on page 18)

(Continued from page 17)

Rattan Creek Greenbelt: Two Williamson County Engineering staff consultants presented a plan to plant some trees in the rattan Creek Riparian to mitigate the removal of vegetation during the Lake Creek Tributary project. Landscape Board Committee member Chuck Simms, President Terry Ripperda, and District Manager Gary Spoons, and Richard Fadal of TexaScapes met with the consultants several times to develop a plan which would be attractive, a wildlife habitat, and easy to maintain. . The original plan was modified and at the April Board meeting, the revised plan was presented by Carly Holland a biologist of ACI Consulting, and Phillip Wanke a landscape architect of Hall Bargainer Inc. The board passed a resolution agreeing to work with Williamson County on the mitigation plan.

Best of Texas Backyard Habitat certification is being considered for several of the natural areas in the greenbelts. This is a merging of the National Wildlife Federation Backyard Habitat and the Texas Parks and Wildlife Wildscapes designation for backyards, parks, and natural areas that meet the requirement of providing food, water, and protection for birds and other wildlife. The two

programs have been merged in Texas under the Best of Texas Backyard Habitat program.

Our District 3 areas being considered are

- (1) the Rattan Creek greenbelt recharge area that is marked by the white poles marked as Nature Area where we stopped all maintenance several years ago (saving money) and is a now a habitat for the Great Blue Heron, crawdads, occasional egrets, and much other wildlife.
- (2) the Robinson Park area North of the Gypsy oak and trail. This area contains springs and the East Tributary of Lake creek runs through it so it is a true natural area already that I've been told has a herd of 8 deer living in it.
- (3) The new Rattan Creek Tree Planting mitigation area is being designed as a natural area with native trees and shrubs to be planted, and of course the creek provides wildlife cover and water now.

Rattan Creek drainage channels: are to be cleaned at Dallas and Dringenberg and behind Peabody Cove and under the Parmer Lane bridge

(Continued on page 19)

A subsidiary of Southwest Water Company



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Austin, Texas

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Parks and Pool Management,
Utility Maintenance**

335-7580

General Manager
Gary Spoons

Mailing Address:
 P.O. Box 2647, Cedar Park, Texas 78630-2647

NA MUD #1 Board of Directors:

- Place One - **Keith Collins**, 258-6244
Ass't Secretary/Treasurer (5/04)
kcollins@northaustinmud1.org
- Place Two - **Don Conklin**, 331-7669
Treasurer (5/02)
dconklin@northaustinmud1.org
- Place Three - **Terry Ripperda**, 512-793-2160
President (5/04)
tripperda@northaustinmud1.org
- Place Four - **Alan McNeil**, 219-8719
Vice President (5/02)
amcneil@northaustinmud1.org
- Place Five - **Chuck Simms**, 331-9630
Secretary (5/04)
csimms@northaustinmud1.org

Website: www.northaustinmud1.org

(Continued from page 18)

The Robinson Park Trail project: Two berms were constructed to minimize flood damage to the trail and decomposed granite was added and re-rolled to compact the entire trail. Another section of concrete was added in the high flow area to the North East of the southern soccer field. A metal lockable gate at the Humphrey Drive parking lot entrance was approved in April to keep motorized vehicles out of the park. There is also a maintenance gate at the trail entrance by the Gypsy oak tree on Anderson Mill Road. Thanks to Jerry Griffin and his crew of Landscape Specialties of Texas, our small project contractor, for their creative attractive, and inexpensive projects they do for our District.

Anderson Mill Road Open! : On March 17th at the official opening of the new road, a group representing the Williamson County Commissioners Court, Will Wynn representing the City of Austin, and TXDOT officials including our previous neighbor Lowell Choate were at the opening. Also, Director Chuck Simms representing our NAMUD#1 Board, and the construction project workers shared coffee and donuts .

The Jollyville Fire Dept. Captain John Kirakofe and John Sneed the Director of the Williamson County EMS were there to enjoy being able to provide faster fire and EMS response times to our neighborhood.

McNeil Junction Planning Workshop was held in April with Director Simms and over 30 neighbors attending. Our Williamson County Commissioner Mike Heiligenstein introduced the workshop. He told of the planned widening and relocating of McNeil Round Rock Road between McNeil post office and Round Rock. Workshops like this are being held over the 5 county area to discuss and plan the transportation junctions which will happen over the next 20 to 30 years. Our local junction centers on the location of the McNeil post office and in the future will include the intersection of McNeil Round Rock Road, and Howard Lane. And the potential light rail line coming from the North-West and going down MOPAC, and the potential commuter rail line coming from Round Rock and going south to Austin.

We were reminded that Governor Perry announced plans to have rail tracks included in the design of the new I-35 bypass roadway called Texas 130 and



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512-454-9631

(Continued from page 19)

our State Representative Mike Krusee has introduced a bill to make it happen. These changes may move heavy freight train traffic off of MOPAC lines allowing other uses. Time will tell, this is a very long range plan.

Commissioner Heiligenstein has also been one of the driving forces for the new Williamson County Regional Park off of 1431 and 145 and for the trails connecting Brushy Creek MUD, Fern Bluff MUD and other communities. He also was responsible for some of the funding our Rattan Creek Trail and the new Robinson Park Trail.

Easement along Lake Creek behind the Bluffs: As a part of getting all property ownership transferred from Milburn Company and the Joint Venture to our District, the parcel of greenbelt of the East Tributary of Lake creek from the Anderson Mill bridge that goes West and then North to under Parmer Lane is to be transferred to the District. Board Members Terry Ripperda and Chuck Simms walked this area behind the homes with District Engineer David Malish and agreed that the District should place an easement about 100 feet wide from the homeowners fences/property lines down into

the flood plain of the creek.

Then the District will transfer title of this entire greenbelt area to Williamson County since this area is all in their drainage channel project for Lake Creek. The District's easement will not allow Williamson County to change this strip of land without District approval and is intended to protect the trees and wetland to preserve the property values of the adjacent homeowners. The wording of the easement will be developed for the May Board meeting.

Robinson Park Humphrey Access Road is in place: The final payment is being held until repairs are made and the project is given final approval by our District Engineer David Malish. A lockable gate will be added to block motorized vehicles except maintenance equipment.

Wastewater Lines Inspection; The City of Austin has completed the fieldwork of the TV inspection of sewer lines. Our District Engineer is reviewing them for problem areas that may need to be repaired.

(Continued on page 21)

We want to be your neighborhood church!

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- A point of grace....
- A point of strength....

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- Adult & Children Classes (9:30 am)
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(Continued from page 20)

Town and Country Optimists Club: The agreement with the City of Austin is being finalized so they can connect to water and waste water lines for their new rest room facility.

A NAMUD #1 Recreation Center building: We are going forward to try to get the COA approval of building a Williamson County EMS substation on the “fire station designated ” lot on Dallas Drive between the dental office and Tudor Time buildings. Directors Keith Collins and Chuck Simms are the Board committee and we are looking for suggestions so go to the NAMUD#1 web site to e-mail your thoughts to us, or give us a call.

Chuck Simms Secretary,
NAMUD #1 Board of Directors.

Website:

www.northaustinmud1.org

TRASH DISPOSAL INFORMATION:

FOR BULK PICKUP:

That means large items like old sofas, washers, dryers, etc: Call Waste Management at 272-4341

FOR LIMB AND BRUSH PICKUP:

All tree limbs and brush must be cut into 3' to 4' lengths, tied and bundled together, and placed at curbside for pickup by Waste Management on your regular garbage pickup day.

HOME CHEMICAL WASTE COLLECTION:

Call City of Austin at 974-4343

National Night Out– August 5th

Law enforcement agencies across the country are encouraging you to participate in this simple step against crime prevention. Basically, it is a Neighborhood Light Party - an opportunity to join in the fun and meet your neighbors! Participation is easy.

Turn on your porch lights. Remember to lock your doors. Talk with your neighbors. Plan to have a block party on August 5. Let your local law enforcement folks know, so they can stop by for a visit.

When: Tuesday, August 5, 2000 - evening.

Where: Just outside your door.

Why: Properly lighted homes, businesses and streets help cut down on crime and drug activity. Neighbors knowing their neighbors strengthens security for everyone.

***LIGHTS ON,
MEANS LIGHTS OUT
FOR CRIME!***

**Travis County Sheriff:
854-9285**

**Williamson County Sheriff:
943-1300**

**Williamson County Constable:
248-3239**

Be sure to include the new neighbors, who you haven't had time to meet yet. This is a good way to get to know who your neighbors are. Always wished your block would get together more often, here is an opportunity. You don't have to be elaborate; try a pot luck dinner or just dessert and coffee.

Important Neighborhood Numbers

Ambulance 9 - 1 - 1
Fire: Jollyville Fire Department
Emergency 9 - 1 - 1
 Administrative 258-1038
Sheriff: Emergency 9 - 1 - 1
 Williamson County
 Administrative 943-1300
 Travis County
 Administrative 854-9285
Crime Stoppers 1-800-253-STOP
County Commissioner
 Williamson, Precinct 1
 Mike Heiligenstein 248-3238
 Travis, Precinct 2
 Karen Sonleitner 854-9222
Dept of Homeland Security 1-800-BEREADY
Poison Control 1-800-POISON 1
 (1-800-764-7661)
Mail: Balcones Post Office
 11900 Jollyville Rd. 331-9802

Schools: RRISD 464-5000
 Elementary
 Jollyville 428-2200
 Pond Spring 464-4200
 Live Oak 428-3800
 Middle School
 Deer Park 464-6600
 High School
 McNeil 464-6300
Utilities
 Electric
 City of Austin 494-9400
 Gas 1-800-700-2443
 Southern Union
 Water/Wastewater: NA MUD #1
 Eco Resources 335-7580
 Phone
 SBC 1-800-464-7928
 Trash/Recycling/Large Item Pickup
 Waste Management 272-4341
Before U Dig: (call 48 hrs before you dig)
 Texas One Call 1-800-545-6005



Rattan Creek Neighborhood Association
 P.O. Box 200584 – Austin, Tx 78720-0584
Annual Membership Dues – \$20
 (January – December 2003)

Name _____

Address _____

Phone _____

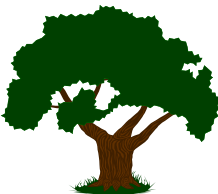
E-mail: _____

Membership: Renewal New

I would like to volunteer to assist with:

Activities Committees Newsletter

Thank You For Your Continued Support!!



We Depend On It!!

Or pay your dues online
 at www.rattancreek.org
 by using paypal.

Rattan Fest Date Is Set: Saturday, September 6

Rattan Fest will be held this year on Saturday, September 6th and the rain date has been set as Saturday, September 20th.

Booths will be free of charge for those who sign up before September 1st. If sign up is after September 1st or on the day of the event; the charge will be \$10.00 for your booth.

This community event would be perfect for any organization needing to hold a fund raiser at the beginning of the school year.

Artsy - craftsy type folks, neighbors who have home based business; this is a perfect event to show your stuff. Great way to get a head start on holiday shopping.

Watch the website www.rattancreek.org for more information, as well as the August newsletter.

Recipe Corner Bonus

Southwestern Summer Salad

Spice up your typical picnic potato salad with this sensational spicy vegetable salad.

- 1 lb. fresh green beans, cut into 1-inch pieces,
or one 16 oz package frozen cut green beans
- 6 fresh ears of corn
or one 16 oz package frozen whole kernel corn
- 1 dried chipotle chili pepper
- 2 cloves garlic, minced
- 2 Tbsp white wine vinegar
- 1 Tbsp balsamic vinegar
- 1 Tbsp frozen orange juice concentrate, thawed
- ½ cup loosely packed fresh parsley
- 1 shallot, cut up
- ¼ tsp salt
- ¼ tsp ground black pepper
- ¼ cup olive oil
- 1 large tomato, chopped
- 1 cup plain croutons
- Purple flowering kale (optional)

Directions:

1. In a covered large saucepan cook fresh beans, if using, in a small amount of boiling water for 12-15 minutes until crisp-tender. Drain. If using fresh corn,

cut the kernels off the cobs. Cook the corn, covered, in boiling water about 10 minutes or until corn is tender. Drain. (If using frozen green beans and corn, cook according to package directions; drain) Set vegetables aside to cool.

2. Meanwhile, rinse dried pepper in water; cut open and discard seeds and stem. Cut pepper into small pieces. Soak in boiling water for 20-30 minutes or until softened; drain well.

3. Place pepper pieces, garlic, vinegar, juice concentrate, basil, parsley, shallot, salt and black pepper in bowl of food processor or blender container. Cover and process or blend until combined. Add oil in a thin stream, processing or blending until nearly smooth.

4. Pour 1/3 cup of dressing over vegetables. (Cover and chill remaining dressing for another use.) Add tomato chunks and croutons; toss lightly. If desired, serve on bed of purple flowering kale.

Makes 6 to 8 side-dish servings.

Nutritional facts per serving: Calories: 227, total fat: 11g, saturated fat: 1g, cholesterol: 0mg, sodium: 58 mg, carbohydrate: 33g, fiber: 5g, protein: 5g.

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Health and Safety Tips for Your Pet

It's summer time and that means special care for our pets. Summertime temperatures and humidity, parked cars, jogging, beaches, swimming pools and "the wind in your face" can be hazardous to your pet's health.

Leave your pets at home:

Don't let that eager look as you pull out the keys cloud your judgment. Even if you park in the shade and there's a nice breeze blowing outside, the temperature inside a car can shoot up to dangerous levels within minutes (120 degrees or higher!) even with the windows down. Unlike humans, pets cannot perspire to cool themselves. The movement of air into and out of the lungs allows them to maintain their normal body temperature. Panting and salivation are outward signs that your pet is overheating. When humidity and temperature exceed beyond the point at which these cooling mechanisms can maintain body heatstroke results which - and that can mean permanent brain damage or even death to your pet. So don't take chances with your pet's life - leave him at home!

Shelter:

Dogs and cats need to have a cool place to stay when the summer temperatures soar, either inside or out. When it's really hot, the shade from a tree will not keep your pet cool enough. He needs a doghouse or other shelter to protect from the heat. Dogs and cats can get sunburned just like people. Their ears and noses which are not protected by thick fur are especially susceptible.

Water:

Make sure your pet always has access to cool, clean water, especially in the summer heat. Refill overturned bowls and freshen water, but never give your pet ice water, which can shock the system, and cause severe upsets

Beach and Pool:

If you take your pet to the beach, be sure to provide ample shade as well, and hose him down after he has swum in the salt water. Protect your pet's feet from the hot sand or pavement. Dog's and cat's foot pads are very sensitive to heat and can easily blister.

While many pets love to swim, chlorinated water irritates your pets eyes, and heat and sunlight around a pool are intense. Never leave your pet unattended around a pool. Once in, a dog cannot

get out without help, and may soon panic and drown.

Ticks and Fleas:

Carefully go over your pets body at least once a week to check for fleas, ear mites and tiny bumps or cuts. Bring your pet to the vet for a spring/summer check-up and use a good flea and tick repellent that your veterinarian recommends. This can come in the form of a dietary supplement or a powder or spray.

Hair is a natural insulator whether the it is warm or cool. In the summer, an animal's coat insulates against sun, heat and insect bites. Regular brushing removes dirt and loose undercoat, which cleans and cools your pet. When you brush, check around the ears, between toes, along the legs, at the lower abdomen and base of tail.

Travel:

If you plan to take your pet on a long car trip, take him on several short trips to condition him for the journey. Travel can be very stressful for a pet: try to eliminate as much of the stress as possible. When taking your dog in the car have your pet ride completely inside the car with you, just like any other member of the family. Pets allowed to ride with their heads out the window and those relegated to the back of a pick-up truck are in danger of injury from debris embedding itself in their eyes, nostrils, ear canals, and throat. Pets riding in the back of a pick-up truck can overheat from the sun off reflected roadways or be injured during a rough ride, or actually be thrown out onto the road, if you brake suddenly.

Exercise:

Dogs are naturally designed for sprinting, not for uninterrupted running or jogging. During such exercise, the body temperature rises faster than excess heat can be dissipated. In the summer, exercise of any kind should be cut back and limited to the cooler, early morning or later evening hours.

TEEN SERVICES

ATTENTION TEENAGERS: Your ads run free but **must be renewed once every 6 months.** The date at the end of your ad indicates the last month your ad will run. All ads must be submitted in writing and mailed or delivered to:

RCNA, c/o Kelly Buczek 6407 Crowley Trail
Austin, Tx 78729 or email: kelly@buczek.org

Stephanie Christian, 16 – Need a little time alone with out the youngsters ...look no farther I am qualified and experienced with children of all ages; and multiple children capable. Rates that everyone can afford. I am certified in CPR and eventually want to be a teacher or pediatrician. Call 257-0774 (6/03)

Stacy Baker, 14 – Certified, experienced babysitter. I'm great with kids! I'm responsible, dependable and hard working. I love to play games with kids. I know CPR and the Heimlich maneuver. I can baby-sit in both Milwood and Forest North subdivisions. I can also watch your pets while you are away. I will walk your dog, bring in the newspaper, the mail and water your plants. References available. 918-0201. (06/03)

Jacob Schaefer, 13 – Pet Sitter Hey! Do you need any one to watch your pets while you are out-of-town? Well, I am a very reliable person who has had a lot of experience with pets. I'm fun, and hard working. I will be working 7 days a week; I can watch pets that are old or young. I give you my promise that I will do my ultimate best to tend to your pet's every needs. Thank you and have a wonderful day! Jacob Schaefer J Age: 13 you can call me at: 249-9341 (ask for Jacob) (6/03)

Rebecca Thomson, 14 - Need a babysitter? I am certified, responsible, cautious, and experienced with children of all ages. I have also worked with Special Education children with a wide range of disabilities. References available upon request. Call 249-9633! (08/03)

Tanya Welch, 18 - Do you need a break from the kids? I love children and want to help. I am an extremely responsible and vigilant babysitter with about 4 years experience. I am available any day of the week. If you are interested, please dial 257-2157. (10/03)

Ryan Mire, 17 - Not enough time to get around to mowing the lawn? Well look no further. I mow, edge, weed-eat, bag leaves (if necessary), and overall clean up. My prices are reasonable. For a

free price evaluation please give me a call at: (home) 250-2104; (home) 250-0702; (cell) 799-2310. I am interested in both weekly and one time jobs. (08/03)

Ashley Foust, 16 – I'm a certified and experienced babysitter! I'm wonderful with kids, and I'm available 7 days a week. I'm very responsible and trustworthy. So if you need some extra time away from the little ones feel free to call anytime. 250-0781. (10/03)

Courtney Wall, 13 – Do you have plans Friday and Saturday nights without the children? Call me, Courtney Wall, anytime to babysit. I love to play games and have fun with children of all ages. I have been a mother's helper in the summer, and would love to again. Call 335-7423 or 996-8256. Give me a call, you will be happy you did! (10/03)

Austin Wall, 15 – Responsible and Reliable. Lawn mowing and weed eating your yard, front and back, for as low as \$25-30 depending on size. I have a mulching mower and equipment. Also, fun babysitter for toddlers and up; can assist moms at the pool, park, and other outings this summer. Call 335-7423 or 996-8256. (10/03)

Matthew Wilson, 16 - Lawn mowing, house and pet sitting. Call 335-6667 for estimates. Can mow, weed-eat, edge, clean up. Responsible pet owner, will care for your pet like they are my own. (12/03)

Lauren Brandewie, 13- I'm a babysitter who loves children and helping out. Put these two qualities together, and you have a perfect babysitter, along with responsibility and reliability. I like to have fun, but I know when bed time is! If you need a babysitter with these qualities, please call 258-2269.(12/03)

TEENS: Remember all ads must be submitted in writing. Your ad will run for 6 months, then you must renew your ad!

CLASSIFIEDS

Classified Ad rates are 25¢ per word, per issue. Deadline for ads is the first of each month for the following month/issue. **Payment in full is required before publication.** Any ads received after the deadline, will be held until the next issues publication. **No exceptions will be made.** Send to:

**RCNA, c/o Kelly Buczek 6407 Crowley Trail
Austin, Tx 78729 or email: kelly@buczek.org
258-6482**

Quality Home Childcare – [FT/PT, 6 wks – 2 yrs.](#) meals provided. Call Carin 257-9922. (6/03)

Tutoring – State certified reading specialist and elementary teacher, ten year experience, Milwood resident. Call Heidi 219-6763. (6/03)

SUMMERTIME IS ALMOST HERE! Burn fat, feel full longer, reduce your cravings, and boost your energy while increasing your metabolic rate. Experience the ephedra free benefits of Total Control – for as little as \$1.50 per day. Call Jane at 331-8668 for more information & a free sample. Or, complete the survey at www.newbody.net access code 2048. (6/03)

Desks for Sale - Rolltop - 7 drawers, 7 nooks, light cherry stain. \$75 or best. Also computer desk - black, modern design, 3 shelves, wheels, \$50. 249-6544. (6/03)

SUMMERTIME HOME REPAIR – Quality work with a variety of experience including electrical, plumbing, decks and patio covers, fences and gates, tree and bush trimming and just about anything else needed around the house. Evenings and Weekends. Call to set up a Free Estimate: 258-8860. (6/03)

Custom Sewing For Your Home-Window coverings and decorating items made the way you want them for a great price! Call Betty - 249-7088.(6/03)

KNIFE SHARPENING – Kitchen – Hunting – Pocket – Serrated. Nick 422-8934. (6/03)

MASSAGE SPECIAL – for June \$30/hr. gift certificates. Great for Fathers Day. Barbara 918-1824 / 336-1350. (6/03)

NEED AVON? – Call your Milwood Representative Minnie Cantu 250-5234 or E-Mail mincan2@ev1.net (6/03)

A ROYAL MASSAGE – Give inner peace a chance. Healing for altered states. Home, Events, Office appointments. Family/Group discounts. JK and SP Khalsa, RMT's 512-921-9899. (6/03)

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Home Childcare – individual, loving care in family setting for infants and preschoolers. (Drop-ins welcome). Call Betty 249-7088. (6/03)

True Grit Painting (Low Cost House Painting) – Reasonable and Reliable. Milwood Resident / RCNA Member. Mastercard & Visa now accepted. 218-1445. (12/03)

CLASSICAL GUITAR LESSONS – DEGREED and experienced instructor, Milwood Resident. Call 331-2856. (8/03)

PIANO LESSONS – DEGREED and experienced instructor, Milwood resident. All ages and levels welcomed. 331-2856. (8/03)

Mary Kay – Julia Hall 257-1067 or 796-7718, Milwood Resident discount. Email: juliahall@austin.rr.com or website: www.marykay.com/juliah. (2/04)

Mary Kay – 40% OFF Spring Clearance! Roxie Ferguson in Milwood. Ask me how to get 25% & 40% off ALL future orders. 50% off discontinued items. 219-7989, email: roxiefgh@yahoo.com website: www.marykay.com/roxiefgh. (2/04)

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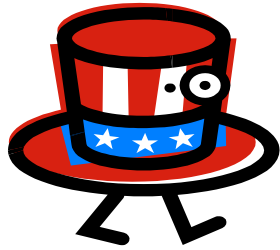
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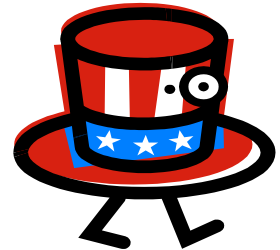
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Fourth of July



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